

PRACTICING INCLUSION



WHY IS INCLUSION IMPORTANT?

MEDITATION ON MY LIFE



As a Child:

Gender and Behavior

What kinds of clothes did you wear? What kinds of games did you play?

Was there ever a time you were told you couldn't do something because of your gender?

Was there ever a time you were celebrated because of your gender?

What do you remember it feeling like to embody your gender?



As a Teenager:

| Gender and Behavior | Attraction |
|---|--|
| What kinds of clothes did you wear? How did you express your gender? _____ _____ | How did your friends talk about crushes they had on people? _____ _____ |
| Were you ever told there were things you could or couldn't do because of your gender? _____ _____ | Were you able to talk about your first crush? _____ _____ |
| What do you remember it feeling like to embody your gender? _____ _____ | Were you able to share your feelings about a crush with others, or was it something you had to hide? _____ _____ |

Where you are now:

| Gender and Behavior | Attraction |
|--|--|
| How do you express your gender? _____ _____ | Are you married or partnered? _____ _____ |
| Are you ever told there are things you cannot do because of your gender? _____ _____ | Are you able to share things about your partner or the people you date those closest to you? _____ _____ |
| How do you feel about the gender you embody? _____ _____ | Are your relationships celebrated by those in your life? _____ _____ |
| Are there times when you celebrate your gender? _____ _____ | _____ _____ |

HOW DO I DESCRIBE MYSELF?

I was assigned _____ at birth.

My gender identity is: _____ and my pronouns are: _____.

My sexual orientation is: _____, and I am attracted to: _____.

I express my gender in these ways:

The Gender Unicorn Graphic by: TSER

Gender Identity
Female/Woman/Girl
Male/Man/Boy
Other Gender(s)

Gender Expression/Presentation
Feminine
Masculine
Other

Sex Assigned at Birth
Female
Male
Other/Intersex

Sexually Attracted To
Women
Men
Other Gender(s)

Romantically/Emotionally Attracted To
Women
Men
Other Gender(s)

To learn more go to: www.transstudent.org/gender
Design by Landyn Pan

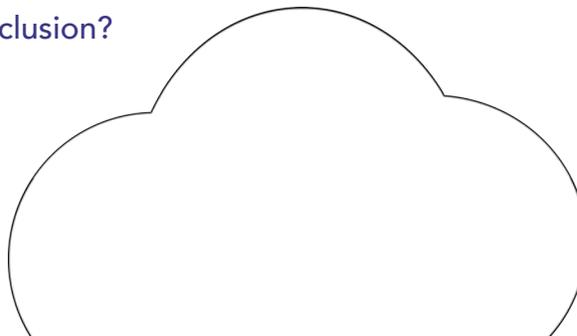
How long have you known these things to be true about yourself?

PRACTICES OF INCLUSION

Write a few sentences about how you would introduce yourself to someone you haven't met before whose pronouns, gender identity, and sexuality are unknown to you. _____

BRAINSTORM

What can my church do to practice inclusion?



MY COMMITMENTS

What is one action I commit to taking to practice inclusion in my life and/or in my congregation? _____

MY GRATITUDE

These are some things I am feeling grateful for after having had this conversation:

NOTES/FURTHER THOUGHTS